

**EAST DISTRICT CROSS COUNTRY RELAY
CHAMPIONSHIPS
SATURDAY 14th OCTOBER 2006
DUNFERMLINE (Duloch Park)**

Referee	Ron Morrison
Clerk of Course	Phil Smithard
Changeovers/Judges	Ian Clifton, Fred McCluskie
Timekeepers	Joe Bruce, Dave Cairns
Recorders (Time)	Ian Mann, Sandy Cameron
Recorders (Places)	Neil Donachie, Alan Smith
	John Brash
Starter	Barry Craighead
Declarations/Results	Peter Jackson, Marion Donachie, Marjory Cook, George McEwan Jen Jackson
Presentations	Sandra Hardacre
Announcer	Bob Gray
Course Marshals	Carnegie Harriers
Convenor	Alex Jackson

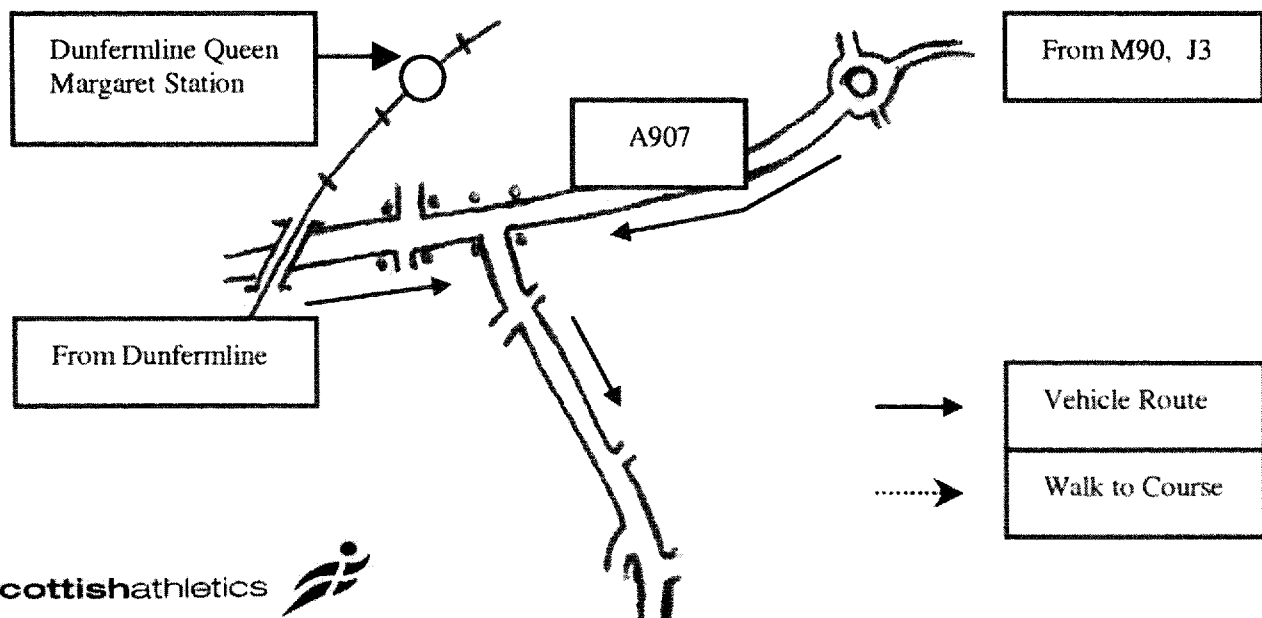
Scottish Athletics thanks the following for their assistance in running to-days event

Carnegie Harriers	Fife Council
Police,Fife Constabulary	St Columbas High School
St Andrews Ambulance - Dunfermline Company	
Scottish Power	

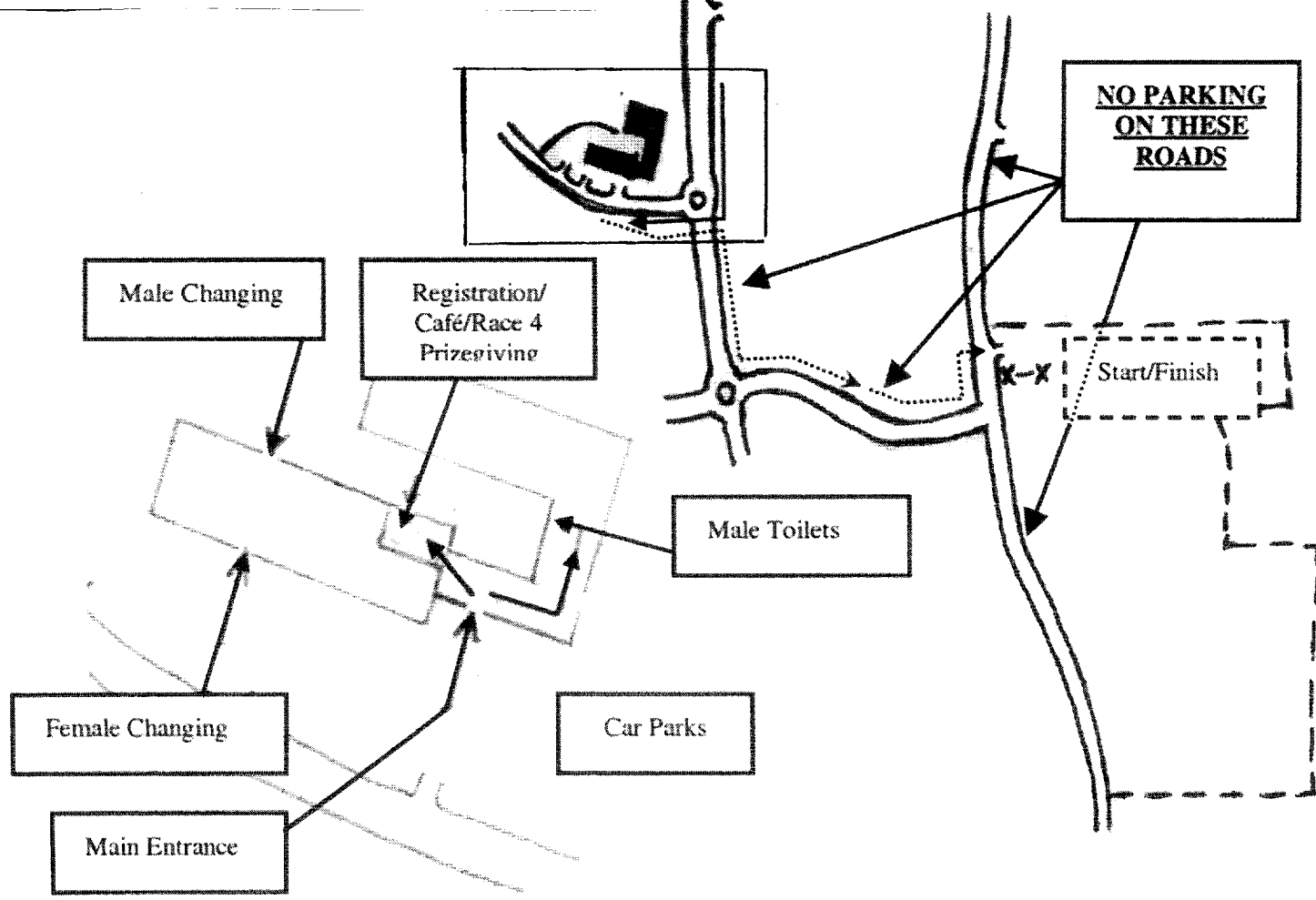
RACE	START
Young Females	12.30pm
Young Males	1.00pm
Sen/Jun Females	1.30pm
Sen/Jun Males	2.30pm

NUMBERS

Young Females and Young Males all laps WHITE numbers
Senior Women all laps RED numbers
Mens numbers are 1st Lap WHITE 2nd Lap WHITE 3rd Lap RED
4th Lap WHITE



EAST DISTRICT CROSS COUNTRY RELAYS
DULOCH PARK, DUNFERMLINE
 Saturday 13th October 2007



TRAINS

Dunfermline, Queen Margaret Station is approx 1 mile from the school (see map)
 Trains leave Edinburgh, Waverly at 12mins and 42mins after the hour (change at Haymarket) arriving at Dunf QM at 54mins and 24mins past the hour ie 42 minute journey.
 Return trains leave Dunf QM at 1358, 1428, 1456, 1528, 1558, 1625, 1658, 1727, 1758

Travel Directions – By Rail

From Dunfermline Queen Margaret Station

Exit station and turn left downhill to traffic lights 250m. Turn left then in 100m, turn right onto Linburn Road at Arnold Clark garage, then as above. Total distance – 1.5k.

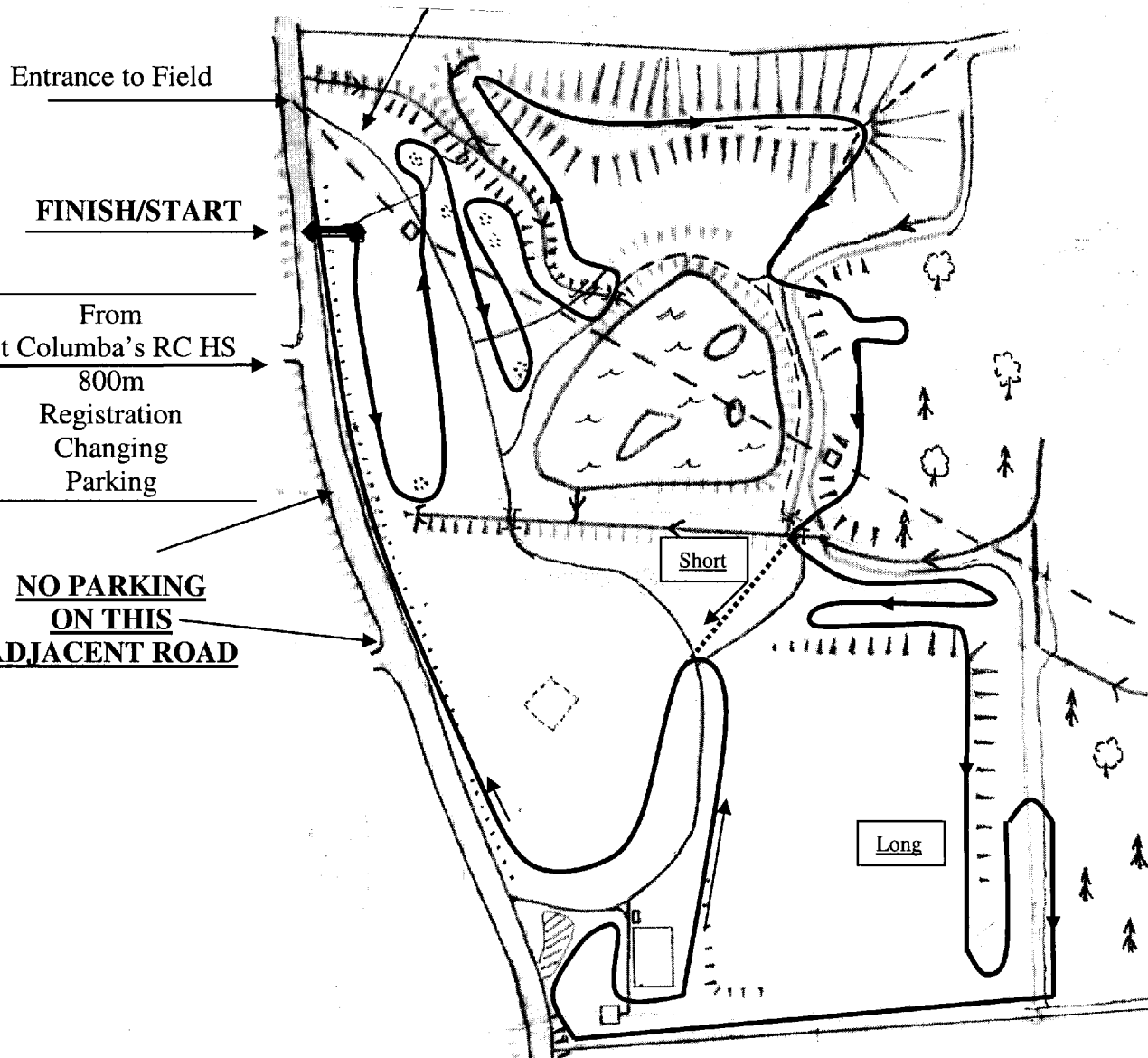
EAST DISTRICT CROSS COUNTRY RELAYS

DULOCH PARK, DUNFERMLINE

Saturday 13th October 2007

RACE	START	DISTANCES	
Young Females	12.30pm	Young Athletes Lap	2,500m (Short Lap)
Young Males	1.00pm	Senior/Junior Athletes Lap	4,000m (Long Lap)
Sen/Jun Females	1.30pm		
Sen/Jun Males	2.30pm		

Toilets



Travel Directions – By Road

From North, East and South & M90 approaches

Exit the M90 at Junction 3 and take the A907 through three roundabouts. At the first set of traffic lights (Arnold Clark garage) turn left and then right at the first roundabout. St Columba's High School is on the right.

From the West coming through Dunfermline

Travel east on the A907 past East End Park Football Ground. Pass under a railway bridge and take the MIDDLE lane at the first set of traffic lights which goes straight on. This puts you in the correct lane to move into the right hand lane to take a turn right at the next set of lights which follow immediately (Arnold Clark garage). Then follow directions as above.

Travel Directions – By Rail

From Dunfermline Queen Margaret Station

Exit station and turn left downhill to traffic lights 250m. Turn left then in 100m, turn right onto Linburn Road at Arnold Clark garage, then as above. Total distance – 1.5k.

Young Female Athletes
3 X 2,500metres
Race Starts 12.30 pm

Aberdeen AAC

U13 Katie Bain
U15 Rachel Armitage
U17 Paula Davies
 Freya Prentice

Kate Murdoch
 Ellie Buchan
 Christie Noble
 Courtney Duff

Marven Sneddon
 Natasha Alexander
 Amy Longmuir
 Jill McGrory

Team Nos 72,73,74

Lauren Wilkie
 Claire Buchan Kerry Prise
 Laura Hepburn
 Siobhan Prise Ruth Stephen

Central AC

U13 Amy Hendry
 Shona Buchanan
U15 Lorna Cameron
 Anna Jamieson
 Eilidh Hargreaves
U17 Rachel Hunter

Lauren Steele
 Fionn Hargreaves
 Fiona Cameron
 Georgia Quinn
 Catriona Buchanan

Rachel Adamson
 Charlie Hogarth
 Mairi Gillespie
 Rosie Hastings

Team Nos 75,76,77,78,79

Kirsty Buchanan

 Rebecca Hay
 Dawn Kerr

City of Edinburgh

U13 Olivia O'Hare
 Lee Anne Calvey
U15 Samantha Blair
U17 Lauren Stoddart

Faye Kearney

 Megan Gaffney
 Isabel Scott- Moncrieff

Nicola Thomson

 Jenny MacDougall

Team Nos 80,81

Laura Robertson

 Stacey Pendrigh

Corstorphine AAC

U13 Lisa Christy
U15 Eilidh Nolan
U17 Charlie Bryce

Bronwen Edgar
 Natasha Price
 Rosanne Christy

Anna Hulme

 Kathleen Dempsey

Team Nos 82,83

Nicky Mercer Claire Smith

 Mhairi Hunter

Dundee Hawkhill

U13 Iona Brodie
U15 Emily Stewart
U17 Elizabeth MacLeish

Louisa Stewart
 Yolanda Hodgson
 Yasmine Tosh

Amy Barton
 Louise Webster
 Claire Fox

Team Nos 84,85,86,87

Aeron Mellish
 Chelsea Watson
 Suzanne Salmond

Edinburgh Southern H

U13 Jessica Pugsley
 Hazel Hall
 Jennifer Cropley
U15 Laura Goodson
 Emily Dudgeon
U17 Catriona Sinclair
 Amie Harkins

Rachael Dunn
 Victoria Le-Bert_Francis
 Caitlin Gray
 Ailsa Small

Sarah Brown
 Beth Cropley
 Alice Loudon
 Fiona Trew
 Kerry Hall
 Lynsey Sharp

Team Nos 88,89,90,91

Emily Owens Tatiana Spens
 Eilidh Manson

 Claire Florence
 Vikki Allan Fiona Sinclair
 Rachel Kerr Lorna Miller

Falkirk Victoria H

U13 Samantha Gillies
U15 Karen Glover
U17 Ashley Madden

Ailsa Scott
 Megan McLeish
 Kirsty Hunter

Amy Manson

Team Nos 92,93

Fife AC

Team Nos 94,95,96

<u>U13</u> Maya Stone	Halina Rees	Grace Collison-Owen	Olivia Collison-Owen
Katy Tan			
<u>U15</u> Sarah Kelly	Fiona Bracegirdle	Lucy Duff	Kiri Stone
Kirsty Hamilton			
<u>U17</u> Jenny Tan	Jennifer Kibble		

Gala Harriers

<u>U13</u> Alice Haining	Martha Douglas	Hannah Lousada	Team Nos 97,98 Claire White
<u>U15</u> Emily Douglas	Gillian Inglis	Gillian Sandie	Ashleigh Hedderley

Lasswade AAC

<u>U13</u> Madeleine Sweeney-Baird		Chloe Thomson	Team Nos 99,100 Lindsay Sinclair
<u>U15</u> Kathryn Peacock	Amy Franklin		
<u>U17</u> Caitlin Froude	Jill Bonthron		

Livingston & Dist

<u>U13</u> Blair Wood	Laura Rooney	Rachael Rooney	Team Nos 101,102,103
<u>U15</u> Jillian Gisby	Charis Auldjo	Jennifer Rogers	
<u>U17</u> Jennifer Crilly			

Pitreavie AAC

<u>U13</u> Kathryn Pennel	Katie Reid	Sarah Turner	Team Nos 104,105,106,107 Alix Brewster Heather Gray
Katie Winton	Micaela Brown	Kristy Armstrong	
<u>U15</u> Melissa Hynd	Rachel Cook	Danielle Hynd	Olivia Clark
<u>U17</u> Rebecca Burns	Sarah Ross	Stacey Louch	Lauren McManus

**Young Male Athletes
3 X 2,500metres
Race Starts 1.00pm**

Aberdeen AAC

U13 Joshua Arrowsmith
U15 Ryan Gauld
U17 Rory Leslie
Fraser McDonald

Elliot Noble
Lewis Stephen
James Joy

Jeremy O'Neill
Robbie Simpson
Ross Fulton

Team Nos 166,167,168

Mark Ibbotson Euan Reilly

Central AC

U13 Roddy Irvine
William Jamieson
Robbie Gathergood
U15 Anthony Gillespie
Matthew Hinton
U17 Sean Reilly
Jonathan Tulson

Conor Kerr
Martin Hall
Kelly Carruthers
David Hutchison
Scott Green
Matthew Gillespie

Team Nos 169,170,171,172,173

Tom Watson
Logan Bonar
Matthew Mills
Alan Bennie
Scott McDonald
Alexander Coubrough
Calum Gathergood
William Bowers
Alexander Hendry

City of Edinburgh

U13 Tom Holligan
Ross Blair
U15 Fraser Mann
Craig Paulin
U17 Chris O'Hare
Gary Hamilton

Euan McKean
Amil Mair
Edward Dudgeon
Nikhil Mair
Adam MacKenzie
Charles Brown

Team Nos 174,175,176,177,178,179

Peter Cameron
Scott MacDougall
Davy Rowan
Jonathan Wolf
Stewart Fraser
Shaun Devenney
Rory MacFarlane
Sam Harrison
Lewis Renton Tom Ryan
Marc Robson
Jamie Smith Lewis Paulin
Scott Hughson

Corstorphine AAC

U13 Dugald Hepburn
Blair Robertson
U15 Andrew Christy
Alastair Price
U17 Craig Knowles

Connor Johnston
Callum Smith
Hector Fraser
Fraser Scott
Marc Smith

Jack Keane
Ruaridh Waddell
Declan McTighe
Niall Waddell

Team Nos 180,181,182

Craig Nolan
Craig Nicholson

Dundee Hawkhill

U13 Shaun Dempsey
U15 Reuban Toy
U17 Craig Angus

David Finn
Paul Dempsey
Ryan Conway

Team Nos 183,184

Falkirk Victoria H

U13 Gavin Ferguson
Scott Stirling
U15 Fraser Stirling

Martyn Craig
Kieran Skelton

Joshua Butler
Ewan Murray

Team Nos 185,186

Louis Thomson
Darren Weir

Fife AC

U13 Ryan McIntosh
U15 Andrew Hood
U17 Frankie Scott

Liam Hutson
Ryan Ritchie

Team Nos 187

Gala Harriers

Team Nos 188

<u>U13</u>	Dylan Howell	Cameron Gowans	Murray Lemmon
<u>U15</u>	Andrew McCrirrick	James Haining	
<u>U17</u>	Cameron Fair		

George Heriots

<u>U13</u>	Sam Harrison	Daniel Sakovics	Jonathan Neville
<u>U15</u>	Roger Poolman	Ben McCullough-Young	
<u>U17</u>	Charles Brown		

Team Nos 189,190

Lasswade AAC

<u>U13</u>	Adam Lyon	Ryan Cook	Cameron Hutton
<u>U15</u>	Zander Lyon	Peter Loudon	William Simpson
<u>U17</u>	Scott Anderson	Martin Brash	Graeme Anderson

Team Nos 191,192,193

Adam Osbourne

Livingston & Dist

<u>U13</u>	Douglas Gunn	Shawn Wright	
<u>U15</u>	Sean MacFarlane	Simon Ward	Craig McDowall
	Chris Wilson		
<u>U17</u>	Ian Hardacre		

Team Nos 194,195

Jonathan Wood

Pitreavie AAC

<u>U13</u>	Callum McQueen	Lewis Hunter	Fergus McGaw
	John Lindin		
<u>U15</u>	Craig Robinson	Richard Le Good	Anthony Young
	Calum McGaw		
<u>U17</u>	Douglas Newsom	Alan Love	Tom Fleming

Team Nos 196,197,198

Joseph Millar Luke Kelly

Stefan McLean-Toremor

Paul McNellis

Senior/Junior Women
3 X 4,000metres
Race Starts 1.30pm

Aberdeen AAC

Hilary Armitage
Charlotte Forbes

Sonia Armitage
Angela Hepburn

Rhona Buchan
Laura Mahady

Team Nos 152,153

Nicola Gauld Anna Fleming

Carnegie H

Rosalyn Alexander
Nicola May
Susan Walker
Fiona Rennie
Catharine Idle
Valerie MacAulay

Sarah Legge
Claire Howie
Louise McDonough
Rachel Hurst
Carol Lisle
Lesley Thurogood

Team Nos 154,155,156,157,158

Fabienne Thompson
Maryanne Lawrence
Pauline Walker
Helena Sim
Catherine Wilson
Mehrmaz Campbell
Judith Turner Gail Murdoch
Morna Fleming
Lynne Kuz Tracey Stamp
Laura Stewart Lynne Bennet
Jackie Hall
Karen Gilhooley

Central AC

Ainsley Normand
Elinor Coombs
Andrina Buchanan
Tracey McNally

Fiona Thompson
Mary Kerr
Rowena Bell-Scott
Sarah-Jane Pickett

Team Nos 159,160,161,162,163

Jane Waterhouse
Hazel Dean
Becky Wilson
Stephanie Auge
Morag MacLarty
Janice Leitch Morag Adam

City of Edinburgh

Lianne Harrison
Heather Scott
Rebecca Moore
Faye McManus

Eilidh Wardlaw
Joanne Whitehead
Janet Laing
Louise Crilly

Debra Murray
Caroline Toshack
Hannah Waugh
Ashleigh Kennedy

Team Nos 164,165,166,167

Sharyn Ramage
Stephanie Lyall
Marietta Vander Linden

Corstorphine AAC

Gillian Cockerell
Dee Turner
Pauline Kell

Laura Gibson
Sarah MacDonald
Linda McGinley

Jillian Hogg
Megan Smith
Phyllis Mitchell

Team Nos 168,169,170

Margaret McCaig
Beverley Christy
Susan Waddell

Dundee Hawkhill

Heather Brookes

Laura Brown

Kirsty Scott

Team Nos 171

Edinburgh Southern H

Karen Dobbie
Hayley Ovens

Vicky Frew
Roslyn Campbell

Freya Murray
Katie McGregor

Team Nos 172,173

Violet Blair Sarah Hood
Emily Finnie

Edinburgh Uni

Mhairi Mackenzie
Jessica VanBinsbergen

Anna Haw
Rosie Smith

Mairead Kelly
Briony Curtis

Team Nos 174,175

Jennifer Barker
Rowena Bell-Scott

Falkirk Victoria H

Janette Stevenson
Caroline Lawless

Lynne Murray
Michelle McCormick

Fiona Matheson
Aisla Brown

Team Nos 176,177

Sharron Gunn

Fife AC

Team Nos 178,179,180,181,182,183

Sandra Aitken Kate Fitzpatrick Claire Jarvis Jennifer MacMaster Johanna Paananen Wendy Ritchie Mandy Waite	Innes Bracegirdle Lisa Gamble Anita Laidlaw Varry McCullough-Young Kate Pether-Smith Carrie Ruxton	Lorraine Brown Rhona Graham Anne Lloyd-Evans Eliza McLachlan Louise Provan Lorna Sibbett	Louise Burt Sarah Cullen Moirra Grainger Kim MacGregor Margaret McLaren Hilary Ritchie Susan Thomson
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Gala Harriers

Katy Anderson
Gillian Duncan
Leanne Haining

Rachel Fagan
Fiona Dalgleish
Patricia Affleck

Kate Jenkins
Karen Haldane
Nicola J. Meikle

Team Nos 184,185,186

Karen Renton
Melanie Goodson
Eileen Nicol

Hunters Bog T

Jessica Batterham
Suzanne Ebel
Ali Johnston
Mary O'Kane
Claire Ward

Elizabeth Blaber
Claire Gordon
Isobel Knox
Sandra Rathjen
Aileen Wood

Christine Buckley
Jane Hart
Deborah MacDonald
Janice Smith

Team Nos 187,188,189

Megan Clark Karen Clarke
Michelle Jeffrey
Megan Mowbray
Claire Thomas Niamh Troy

Lothian RC

Valerie Dempsey
Gillian Godfree
Helen MacDonald
Suzanne Swan
Margaret Turnbull

Lorna Eades
Jill Horsburgh
Sharon Skivington
Edel Mooney
Margo Welsh

Rosemary Ewing
Delia Leddy
Teresa McMenemy
Helen Murray
Kate Kitchin

Team Nos 190,191,192

Pauline Hughes
Claire Shanley
Christine Milne
Joyce Salvona

Pitreavie AAC

Alison Whyte
Pamela Gilfillan
Avril McQueen
Laura McIntosh

Sarah Gillespie
Sharon Lamont
Donna Clark
Lauren Mitchell

Hazel Bradley
Kim Paterson
Lynn Clark
Pamela Pattison

Team Nos 193,194,195,196

Evelyn Turner Eilidh Child
Lauren Candlish
Jayne Clark Helen Burns

Portobello RC

Lynn Hanley
Amanda Henderson

Zoe leitch

Kerry Costello

Team Nos 197

Katie Blake Janis Stirton

Stirling Univ AC

Christine Bertram

Fiona Ramsay

Begona Julian

Team Nos 198

Senior/Junior Women
3 X 4,000metres
Race Starts 2.10pm

Aberdeen AAC

Mark Haskett
 Alex Thoires
 Robert Thornhill

Benjamin Hukins
 Frank Boyne

Darren Shinnie
 Alan Wales

Team Nos 11,12

Keith Charlton
 Myles Edwards

Carnegie H

Iain Taylor
 Ian Stewart
 Andrew Hunter
 Alan Cockburn
 Gordon Somerville
 Colin Reynolds
 Simon Plummer
 Paul Hutton
 Jim Gray
 Allan Davie
 Phil Smithard
 Robbie McKenzie
 Kenneth Daniels

Steven Ogg
 Lewis Lawson
 Mike Harvey
 Peter Humphreys
 Garry Taylor
 Clive Cable
 David MacLean
 Kevin Mathie
 Bill Duff
 Allan MacAulay
 Paul Bundy
 Andrew James
 John McArthur

Team Nos 13,14,15,16,17,18,19,20

Dennis Howett
 Stephen Greer
 Ian Johnston
 Paul Arnott
 Thomas Lawrence
 Duncan McGougan
 Steven King
 Nicholas Weir
 Tim Walker
 Alexander Nicol
 Francis Harper
 Mohammed Steto
 Nick Smith
 Thomas Bowie
 Peter Simpson
 Neil Campbell
 John Hargreaves
 Ruairidh Campbell
 Jeff Burton
 Jamie Philip Sandy Bennet
 Douglas McGarry
 Michael Cowie
 Tommy Lawlor
 Martin Butcher
 Jim Robb

Central AC

Robert Russell
 Michael Wright
 Lewis Millar
 Alan Gall
 David Hay
 George McHardy
 Martin Crawford
 Gordon Adam
 Stuart Watson

Alastair Hay
 Michael Gillespie
 John Millar
 Hugh Kerr
 Robert Hutchison
 Craig Walker
 Ewan Gault
 Hugh Buchanan
 Alan Hume

Team Nos 21,22,23,24,25,26,27,28

Alasdair Anthony
 Gavin Hogarth
 Cameron Campbell
 William Gault
 Roger Greenaway
 Murray MacLarty
 David Lindsay
 Liam McCabe
 Philip Hendry
 Ross Houston
 Graham Harvey
 James Drummond
 Kyle Cowie David Armour
 Ian Beattie
 Miguel Merayo
 Philip Sweeney
 Gordon McNeil

City of Edinburgh

Roger Alsop
 Scott Campbell
 Alistair Hennessey
 Mark Johnston
 Darryl McDonald
 Stephen Maniam
 Garry Robertson
 Eric Stevenson
 Robert Wiseman
 N Chadwick

John Blair
 Keith Dunlop
 Jonathan Henderson
 Andrew Laycock
 Alex MacEwen
 R Moore
 S Thomson
 Neil Thin
 Brian Winning
 Richard Hope

Team Nos 29,30,31,32,33,34,47,48,49,50

Graham Beal
 Martin Ferguson
 Brian Howie
 Keith Lyall
 Peter Middleton
 Lars Ottemoller
 Darren Steel
 Adam Ward
 Jonathan Whitehead
 Matthew Bell James Buick
 Kris Gauson
 Scott Innes
 Juan Mareque
 Mark Mitchell
 Robert Riddell
 Grant Stewart
 Sean Wilkinson
 Steven Wales Colin Woann

Corstorphine AAC

Moray Anderson
 Alex Cumming

Scott Bisset
 James Felstead

Dean Carr
 Tom Ferrington

Team Nos 51,52,53,54,55

Bryan Clark
 Keith Hood

Alistair McColl
Scott Pilkington
Calum McKenzie
Bert Van Den Berg

Timothy Norwood
Ewan Stark
Neal Robb
Brent Vivian

Chris O'Brien
Gordon McLean
Douglas Selman
Martin Caldwell

Steven O'Brien
Grant Wilkie
John Christy Jan-
Martin Hulme

Dunbar R C

Ian Rowland

Stuart Hay

Ian Sills

Team Nos 56

Frank Weissgerber

Dundee Hawkhill

Neil Gunstone
Gordon Watson
Joe Symonds
Andrew Brookes

Team Nos 57,58

Brian Cook
Craig Ross
Stephen Mason
David Mitchell

John Osborne
John Castle
Kevin Murray

Pete Fox
David Hanlon Stuart Kerr
Ewan Glassey

Edinburgh Uni

Benedict Cole
Matthew Sutherland

Team Nos 59,60

Robert Kerr
David Gow

Matthew Donnery
Alistair Marshall

Iain Clark Rupert Nash

Falkirk Victoria H

Alexander Bryce
William Day
William Higgins
Grant Matheson
David Murray
Andrew Ronald
Alasdair Stewart

Team Nos 61,62,63

David Bunyan
John Denholm
Nicholas Hurren
Colin McCluskie
Kenneth Rankin
Alex Smith
Kerr Johnstone

Dean Crawford
Eric Donaldson
Charlie Lyons
Michael McQuaid
Neil Robertson
Gary Smith

Alexander Davidson
Douglas Gillespie
John Martin
Stephen Moore
David Robertson
John Stevenson

Ferranti AAC

Ross Anderson
Derek Burgess
Mark Fairbairn
Neil Jones
Adam Priestley
Keith Weston

Team Nos 64,65

Matt Bankhead
Paul Caban
Walter Fairnie
Jim Leach
Stephen Reid
Alan Young

Ross Bankhead
Mike Connor
Malcolm Fraser
Edward McDonald
Trevor Ridley

Alex Bell
Ian Duguid
John Gavin Alex Jackson
Robert Miller Keith Nicol
Iain Shaw James Shaw

Fife AC

Bryce Aitken
Robert Annand
Graham Bennison
Colin Brown
Chris Clark
Sandy Cruickshank
Thomas Donaldson
Sam Gillespie
Jim Haig
Martin Hutson
John Keenlyside
Martin Laing
John Macfarlane
Vincent MacPherson

Adrian Allan
Andrew Barker
Stewart Biggar
Garry Brown
James R. Close
Stewart Davidson
Nigel Fowler
Sam Graves
Mark Harley
Alex Jones
Graham Kirby
William Law
Malcolm Macfie
Daniel MacQueen

Team Nos 66,67,68,69,70,72,73,74,75,76

David Anderson
Gary Barker
Graham Breslin
Rob Cargill
Ron Crabb
Adrian Davis
David Francis
Owen Greene
Ron Hilditch
Trevor Jones
Stuart Knowles
Stewart Leckie
Donald MacGregor
Neil Martin

Laurence Anderson
David Bee Graham Bee
Andrew Brierley
Michel Chateau
Brian Cruickshank
Chris Dibben Steven Doig
Paul Gallacher John Gilfillan
Douglas Gunstone
Joe Holden Alasdair Hood
John Kay
Michael Kuzyszyn
Andrew Liston
John MacPherson
Kenneth McGuire

Hugh D. McKay
Jim Meek
Michael Mitchell
 Steven Pennycook
 Steven Reid
Douglas Robertson
Markus Schlosser
Jonathan Seeley
Keith Simpson
Gordon Thomson
Richard Westwater

Roy McLachlan
Alan Meiklejohn
Terry Mitchell
Gary Pirie
Leonard Rhone
Thomas Ross
Mel Scobie
Steven Shanks
David Sleigh
John Thomson
Gary Whitton

Frank McLaren
Christopher Mill
Ron Morrison
Ian Poolman
Paul Roarty
Christopher Russell
Rory Scott
Richard Shaw
Bill Smith
Jez Tomlinson
Neil Young

Bryan McManus
Ron Mill
John Murdoch David Ovens
Frank Popham Roger Rees
Alastair Robertson
Philip Salter
Tom Scott
David Shepherd
James Taylor
David Weir
David Adam

Gala Harriers

 John Borthwick
Fergus Johnston
Graeme Murdoch
Will McDermott
 Steven Gillan

Team Nos 77,78,79

Martin Clarke
Jack Knox
Damen Rodwell
Alan Goodson

David Darroch
Thomas Knox
Rory Methven
John Cairns

Euan Jardine
Anthony Lunn
Ewan Lindores
Derek Fraser Graeme Jones

Haddington ELP

 Paddy McDonald
Sandy Wallace

Brian Carr
William Watson

Gavin Lightwood

Team Nos 80

George Armstrong

Hunters Bog T

 Duncan Baker
 Ian Campbell
Andrew Gillespie
 Ian Marshall
Geoffrey Mitchell
Ivor Normand
Geoff Simpson
Robin Thomas
Ian Wellock

Tom Barr
Nick Cruden
John Hampshire
John McKay
Philip Mowbray
Daryl Philip
Murray Strain
Richard Wall
David Wright

Stewart Barrie
Colin Farquharson
Alistair Hart
Billy Minto
Niall Munro
Jon Rathjen
Jamie Thin
Ray Ward

Team Nos 81,82,83,84

Simon Brown Steven Cairns
Dan Gay
Craig Hunter Will Mair
Craig McBurney
Donald Naylor
Mark Roberts
Neil Thomas
Julian Warman

Lasswade AAC

 Daryl Philip
Ben Mitchell
Douglas Phillips

Ross Finlayson
Barney Phillips
Paul Elliot

Kirk Smith
Alan Cummings
Colin Swan

Team Nos 85

Brian Kirkwood
David Melrose
John Murray

Lothian RC

 Graeme Ackland
 Stephen Dempsey
 Robin Galloway
Darren Kinsella
David Mabon
 Harry Mulholland
 Brian Stewart

Alec Agnew
Richard Docherty
Roger Goddard
Andy Kitchin
Alan McIntosh
Scott Nelson
Darren Thomson

James Alexander
Iain Donnan
Mark Kassyk
Steven Lawrie
Herbie McLean
Murray Robertson
Lachlan Wallace

Team Nos 86,87,88,89

Glen Cooper Calvin Crane
David Eades Scott Fraser
Fraser Kingscott
Michael Lieberman
Hugh Miller Ross Milne
Jim Salvage Alan Shanley
Brian Welsh Peter West

Metro Aberdeen

Team Nos 90

Forbes Reid

Darren Kinsella

Andrew Reid

Bjoern Reiss

Pitreavie AAC

Paul Allan
Archibald Duncan
Stephen Irwin
Paul McCloskey
Steve Newsom
Derek Simpson
David McQueen

Roy Buchanan
Jeff Farquhar
Ross Kirk
Ian Mackie
Andrew Paisley
Stephen Skene
Steven Hogg

Team Nos 91,92,93,94,95,96,97

Nigel Cunningham
Stuart Forrester
George Lees
Colin Mathieson Snr
Stewart Reid
Francis Smith
John Syme

Barry Davie
Philip Gardiner
Barry McCleery
John Newsom
Colin Simpson
Sean McQueen
Ryan Oswald Mike Back

Stirling Univ AC

Colin Dalziel
Mouillard Sylvain

Andrew Combe
Michael Docherty

Iain Whittaker
Joe Moore

Team Nos 98,99

Thomas Paskins
Chris Devenney

Teviotdale Harriers

David Cavers
Keith Murray

Wayne McIntosh
Alister Biggar

Darrell Hastie
Alan Coltman

Team Nos 100,105

Kenneth Short Billy Fraser

Wee County H

Barry Sturrock
Sidney Pask
Ian McFarlane

Trevor Andrews
Stuart Aitken
Robert Pews

Duncan Hillhouse
Lee Graveling

Team Nos 109

Gordon McPherson
Steven Keenan